

# 3 Things I Can Be This Christmas

SOMETIMES I WISH  
I COULD BE A SUPERHERO  
AND DO AWESOME ACTS FOR PEOPLE  
DURING CHRISTMAS. MY DAD TOLD ME THAT  
EVEN THOUGH I DON'T HAVE SUPERPOWERS  
I CAN STILL BE AMAZING AND DO WONDERFUL  
THINGS FOR PEOPLE. SO I THOUGHT ABOUT IT,  
AND HERE ARE SOME THINGS I WOULD LIKE  
TO BE THIS CHRISTMAS THAT CAN  
MAKE A DIFFERENCE TO  
ME AND OTHERS.



I can be positive.

EVEN WHEN I FEEL LIKE BEING GRUMPY, I CAN DO MY BEST TO BE POSITIVE AND LOOK FOR THE GOOD IN EACH SITUATION. I CAN CONQUER NEGATIVE MOODS BY DOING MY BEST TO BE HAPPY EVEN WHEN THINGS DON'T TURN OUT AS I WANTED THEM TO. WHEN I AM POSITIVE AND FOCUS ON ALL THE WONDERFUL THINGS THAT I AM BLESSED WITH, NOT ONLY DO I FEEL GOOD, IT MAKES OTHERS FEEL HAPPIER TOO.



I can be courageous.

DOING NEW THINGS IS A CHALLENGE. IT TAKES COURAGE TO TRY SOMETHING I'VE NEVER DONE BEFORE. I CAN BE COURAGEOUS BY SEEING EACH NEW CHALLENGE AS AN ADVENTURE. WHEN I AM BRAVE AND STEP OUT TO DO SOMETHING NEW, ESPECIALLY SOMETHING THAT WILL HELP OTHERS, THEN I AM DOING MY PART, NO MATTER HOW SMALL, TO MAKE THINGS BETTER FOR OTHERS.



I can be  
adaptable.

WITH MANY THINGS HAPPENING DURING THE CHRISTMAS SEASON, SOMETIMES THINGS DON'T GO AS I WOULD LIKE OR PLAN. I CAN BE ADAPTABLE, WHICH MEANS I HAVE THE ABILITY TO CHANGE AND ADJUST TO WHATEVER CIRCUMSTANCES I FACE. IT'S NOT ALWAYS EASY, BUT WHEN I MAKE THE EFFORT, IT MAKES ME FEEL BETTER. IT'S ONE LITTLE WAY THAT I CAN MAKE THINGS EASIER AND BETTER FOR MY PARENTS AND THOSE WHO CARE FOR ME.

BEST OF ALL, THESE THINGS CAN BE A PART OF WHO I AM ALL YEAR LONG! WHAT CAN YOU BE THIS CHRISTMAS THAT WOULD MAKE IT AN EXTRA SPECIAL HOLIDAY FOR OTHERS TOO? MERRY CHRISTMAS!

